

PHLEBOTOMY INSTRUCTIONS

1. The two brown-topped tubes in the “Cunningham Panel” kit need to be filled with blood. They are **not** serum separating tubes (SSTs) – they do not contain any gel or anti-coagulant. **It is essential that these tubes (and no others!) are used for collecting the blood.**

Please sign on the patient’s requisition form that you have used these tubes – there is a special section for that.

2. **Allow the blood to clot for 30-60 minutes.**

3. **Then centrifuge the specimen to separate the red blood cells from the serum. Centrifuge for 10 minutes at 3000 RPM.**

4. After centrifugation, **carefully pipette and transfer the serum into the enclosed white-capped transfer tube.**

5. Secure the cap tightly and affix barcode/patient ID label to the tube.

7. Place the tube in a small plastic specimen bag, and seal it.

8. **Put the ready-frozen ice packs on each side of the tube**, so as to ensure that the tube remains as cold as possible all the way to the US. **Keep the entire kit as cold as possible until pickup (but do not freeze it).**

10. Insert the following paperwork into the polystyrene box:

- * Test Requisition Form

11. The patient has left the waybill and three copies of the commercial invoice with you. Please insert the waybill and the three copies of the commercial invoice into the outside pocket on the orange and white FedEx overpack.

12. The courier should have been ordered and must pick up the sample on that same afternoon. **If the courier does not arrive by the final specified time, please contact them.**

Please call our helpline on +44 (0) 3331 210 305 if you require assistance. We will be happy to help.