



## Creating international and interdisciplinary collaboration for health

[www.aonm.org](http://www.aonm.org)

### AONM Newsletter April 2014

#### News and events

AONM is currently involved in all kinds of interesting activities. We're holding a Lyme Disease workshop on April 16, 2014, at the College of Naturopathic Medicine (CNM) in London, from 5.15 - 8.00 pm. Philip Kielman from Rio Trading/Nutramedix, who has been working with Dr. Lee Cowden on his non-pharmaceutical protocol for Lyme Disease for many years (the "Lee Cowden Protocol") will be over from Holland to talk about "The Misconceptions Surrounding Lyme Disease," a condition that is becoming ever more prevalent in the UK. As therapists, it is vital that we are aware of the many forms this "great imitator" can take. Please see <http://www.aonm.org/conferences.html> for further details. We'd love to see you there!

#### Cell Symbiosis Therapy

AONM has premises at 22 Harley Street, where it has also started up a clinic dedicated to mitochondrial therapy. Cell Symbiosis Therapy – CST – focuses on the mitochondria as the source of our high-performance ATP that powers all our cellular processes. The mitochondria also have a crucial cell-signalling function. See here for further information on the myriad roles our mitochondria perform, and why restoring them to full functionality can often be the key to better health <http://www.aonm.org/mito-magic>. AONM holds regular training on CST, and has a number of bursaries for subsidised CST support for therapists to use with patients. Please contact Gilian Crowther for further information on [gilian@aonm.org](mailto:gilian@aonm.org).

#### Mitochondria

See here for a wonderful short video on the mitochondria by "Biovisions": <http://blog.rmartins.net/post/6520735343/biovisions-powering-the-cell-mitochondria> and here for a brief animation on how the complexes in the electron transport chain work: <http://vcell.ndsu.nodak.edu/animations/etc/index.htm>

PTO →

#### Cervical Cord Compression



We are having a discussion with Dr. Andrew Holman from Pacific Rheumatology Associates in the US in early April on PC3 – positional cervical cord compression – and hope to help spread more knowledge of his groundbreaking therapy to the UK. This article of his – “Why You Should Be Thinking About Positional Cervical Cord Compression” –explains the importance of his method, which he found to be a compounding factor in over 70% of cases of fibromyalgia in a survey he conducted:

[http://www.positionalcordcompression.com/images/PacificRheumAssoc\\_PC3\\_2012.pdf](http://www.positionalcordcompression.com/images/PacificRheumAssoc_PC3_2012.pdf)

We will report more on this meeting in the next newsletter.

### **Spotlight on KPU**

This month’s “AONM Spotlight Topic” is Kryptopyrroluria (KPU). KPU is condition about which there is barely any awareness – whether in the conventional or complementary field – despite the fact that it has been well researched in the medical literature for over 40 years. Yet it underlies a myriad of disorders, as this article explains. Making a focus on KPU part of their first-line therapy is something leading practitioners such as Dr. Dietrich Klinghardt have been doing for many years. Read “Kryptopyrroluria – The Elephant in the Room” <http://www.aonm.org/kpu> to find out why.

Best regards

AONM Team

Contact us at [info@eonm.org](mailto:info@eonm.org)

Phone 0845 505 1296