

Is this Just the Tip of an Iceberg?

Craig Shimasaki, PhD, MBA Co-founder & CEO, Moleculera Labs December 3, 2019 PANDAS/PANS and Other Infection-Triggered Autoimmune Encephalopathies:
Interpretation of The Cunningham Panel Results

## **Disclosure Statement:**

- I am President and CEO of Moleculera Labs, the company that performs the Cunningham Panel.
- No other disclosures

## Topics We will Cover

## 1. Clinical Challenges with Neuropsychiatric and Behavioral Disorders

- Complexity of Complex Diseases
- Influences of genetics

## 2. Review of PANDAS/PANS

- Nomenclature and Acronyms
- Biological mechanism
- Medical model for other chronic neuropsychiatric and behavioral disorders

## 3. Common Infectious Triggers in Autoimmune Encephalopathies in Children and Adults

- Molecular Mimicry
- Multisystem Interaction and Genetic Predisposition

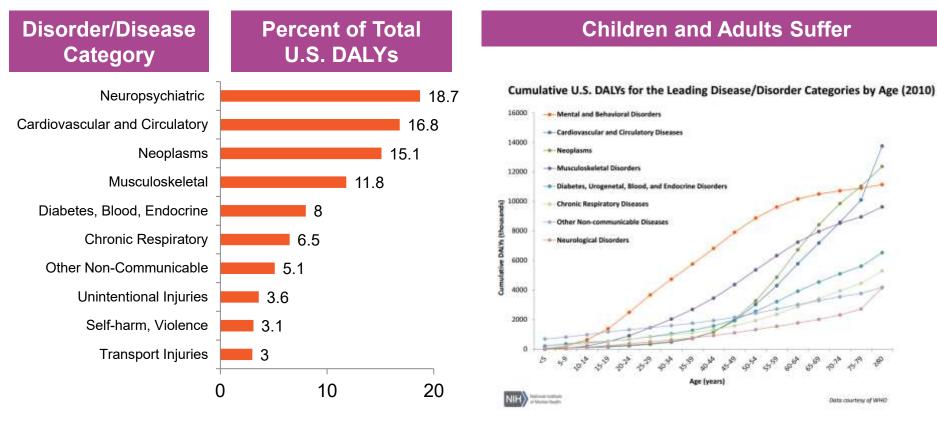
## 4. Biomarkers and Cell-Stimulation Assay in The Cunningham Panel

- Biological targets and associated symptoms
- Interpretation guidance

## **Neuropsychiatric Disorders Impact All Ages**



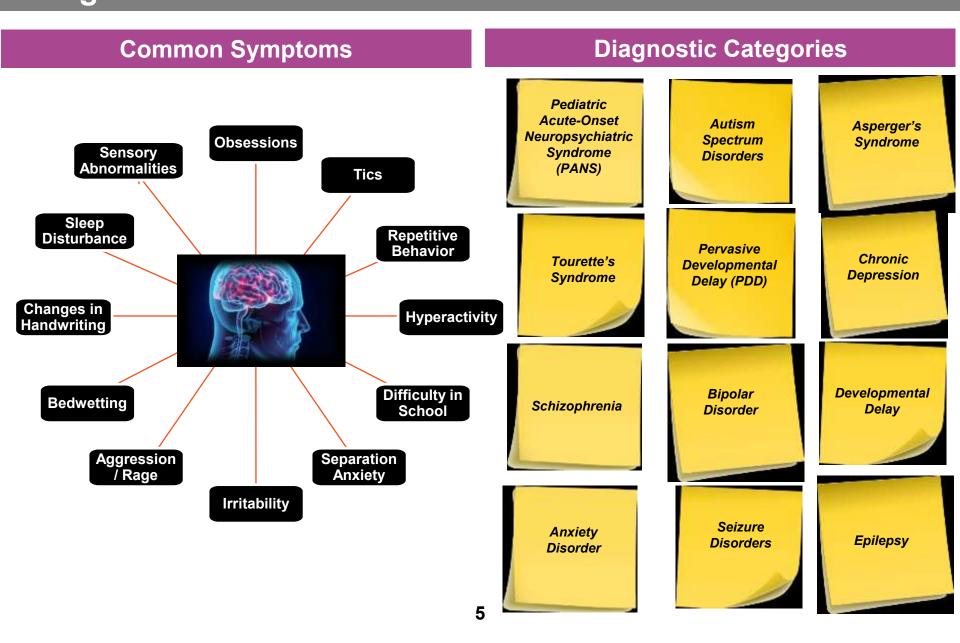
NIH Top 10 Disease/Disorder Categories - U.S. Disability-Adjusted Life Years (DALYs)<sup>1</sup> = Total number of years lost to illness, disability, or premature death (Data 2010)



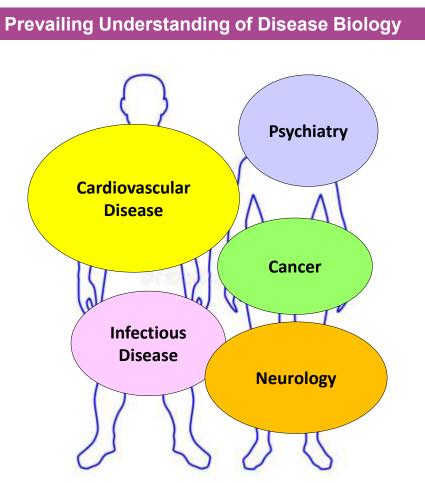
http://www.nimh.nih.gov/health/statistics/disability/index.shtml (DALYs) represent the total number of years lost to illness, disability, or premature death within a given population. Data from 2010.

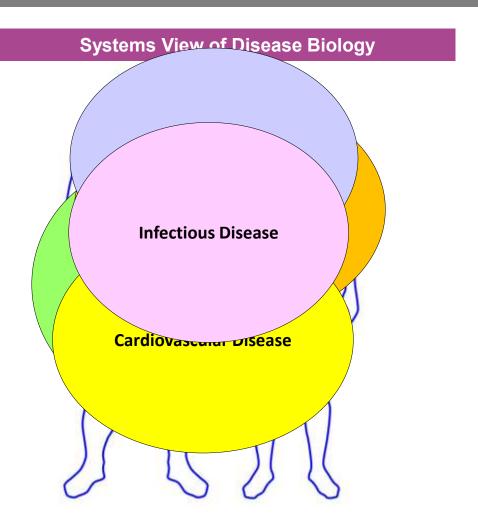
Neuropsychiatric disorders outrank cardiac disease, diabetes, and cancer

# Medical Challenge: Patients Assigned into Symptom-Based Categories – Considered "Incurable"



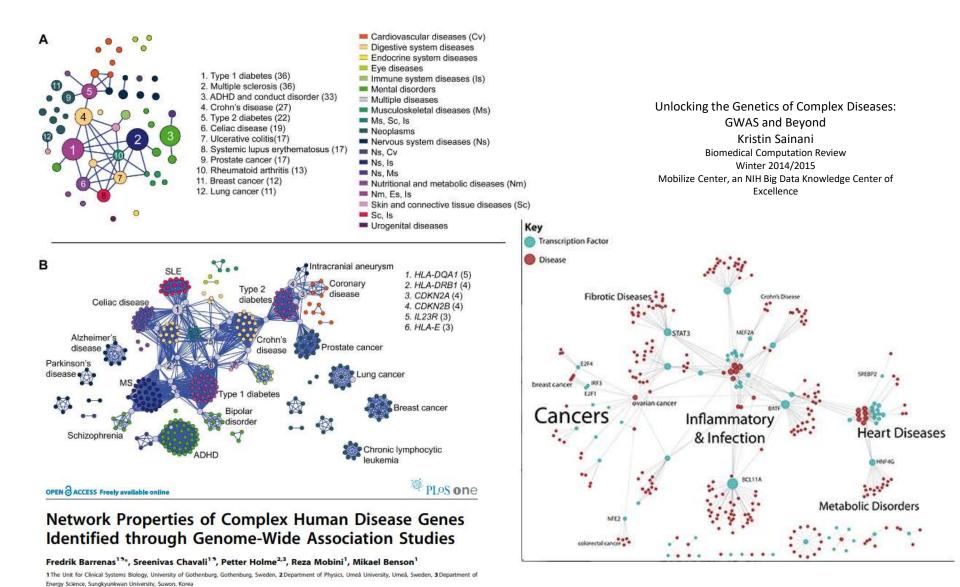
## Impact of Specialization in Medicine



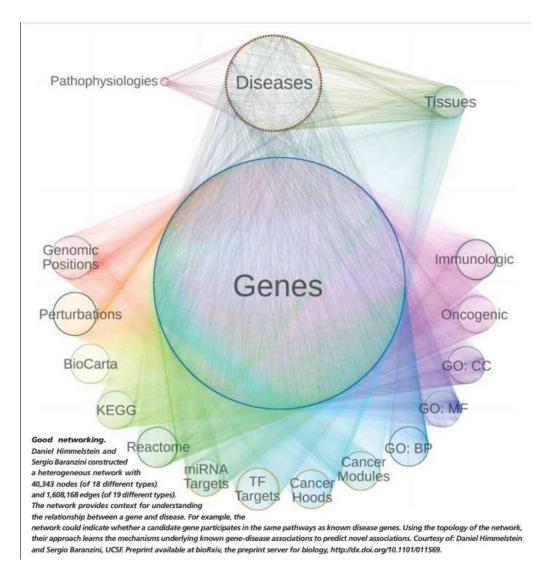


Identical symptoms/disorders can have different etiologies but resolution is only possible with an understanding of the etiology

# Complex Diseases are MultiFactorial and MultiSystem They are Complex...



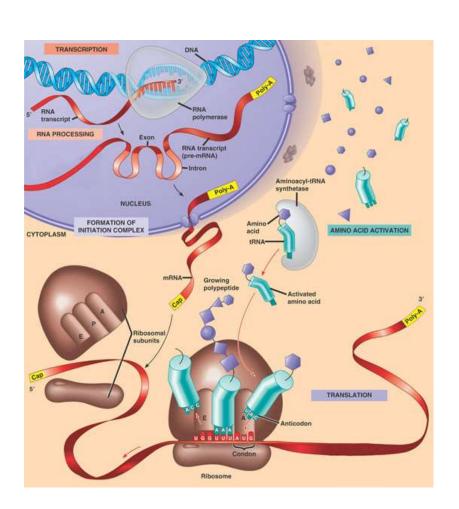
# Complex Diseases are MultiFactorial and MultiSystem They are Complex...

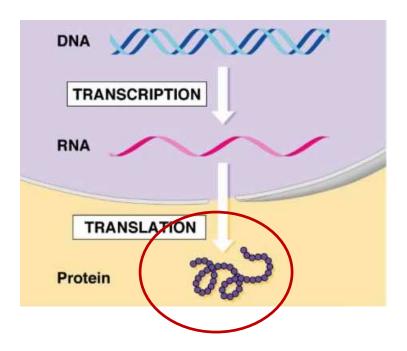


Unlocking the Genetics of Complex Diseases: GWAS and Beyond
Kristin Sainani
Biomedical Computation Review
Winter 2014/2015
Mobilize Center, an NIH Big Data Knowledge Center of Excellence

## Genes Plays a Role

## But Genes are not the Sole Determinant of Disease or Disorder





## **Example of Lung Cancer: Genetic Factor Impact**

## **Lung Cancer >90% are smokers**





Only ~15% of smokers succumb to Lung Cancer

Why do only "some" people get lung cancer?

## **Difference in Genes that Control**

- Cell cycle
- DNA repair
- Carcinogen metabolism
- Other genetics

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## What is PANDAS?

## <u>Pediatric Autoimmune Neuropsychiatric Disorder</u> <u>Associated with Streptococcal infection</u>



Pediatric Autoimmune Neuropsychiatric Disorders Associated With Streptococcal Infections: Clinical Description of the First 50 Cases

Susan E. Swedo, M.D., Henrietta L. Leonard, M.D., Marjorie Garvey, M.D., Barbara Mittleman, M.D., Albert J. Allen, M.D., Ph.D., Susan Perlmutter, M.D., Lorraine Lougee, L.C.S.W., Sara Dow, B.A., Jason Zamkoff, B.A., and Billinda K. Dubbert, M.S.N. (1998) Am J Psychiatry 155(2): 264-271.



## What's In a Name? Commonalities



#### **PANDAS**

Pediatric Autoimmune Neuropsychiatric
Disorder Associated with Streptococcal infection
(Dr. Susan Swedo)

#### **ANDAL**

<u>Autoimmune Neuropsychiatric Disorder</u>
<u>Associated with Lyme</u>
(Dr. Amiram Katz)

Infectious Autoimmune Encephalopathy or Encephalitis

Infectious Autoimmune Disorder of the Brain (Basal Ganglia)

## 1. Infection-Triggered

 Bacterial, Viral, Parasitic, Fungal or possibly environmental?

#### 2. Autoimmune

 Immune-mediated through the adaptive Immune system

## 3. Neuropsychiatric Symptoms

 OCD, tics, urinary, emotional lability, sleep disorders, anxiety, depression etc.

## 4. Directed against portions of the brain

Basal ganglia

#### 5. Acute-Onset

PANDAS/PANS but not observed in all conditions

## 6. Age-limitation

 Pediatric in PANDAS/PANS, but slso observed in adults

# Autoimmune Mechanism for Multiple Neuropsychiatric Behavioral Disorders

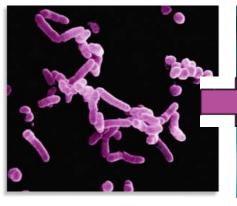


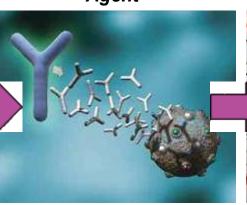


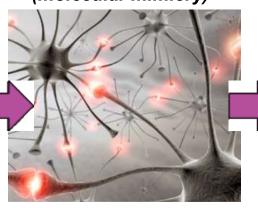
Body Produces
Antibodies That
Recognize Infectious
Agent

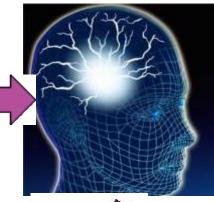
Antibodies Cross-React
With Neurologic
Receptors
(molecular mimicry)

Reaction Disrupts Brain Function (friendly fire)























Neuropsychiatric Symptoms Including Anxiety, Aggression, Rage, OCD, Tics, Depression, Hyperactivity, Insomnia, Phobias

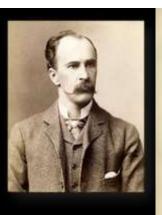
# Sydenham Chorea is the Medical Model for PANDAS/PANS and Other Autoimmune Encephalopathies

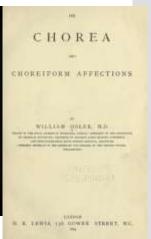
Chorea: "Dance-like," otherwise known as St. Vitus' dance"

- abnormal movement
- Loss of fine-motor control
- Loss of emotional control

Triggered by Group A Streptococcus (GAS) autoimmune reaction involving the brain

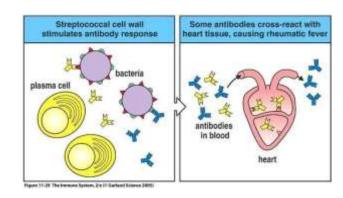
Sydenham Chorea is the neurological manifestation of Acute Rheumatic Fever

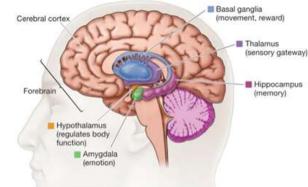






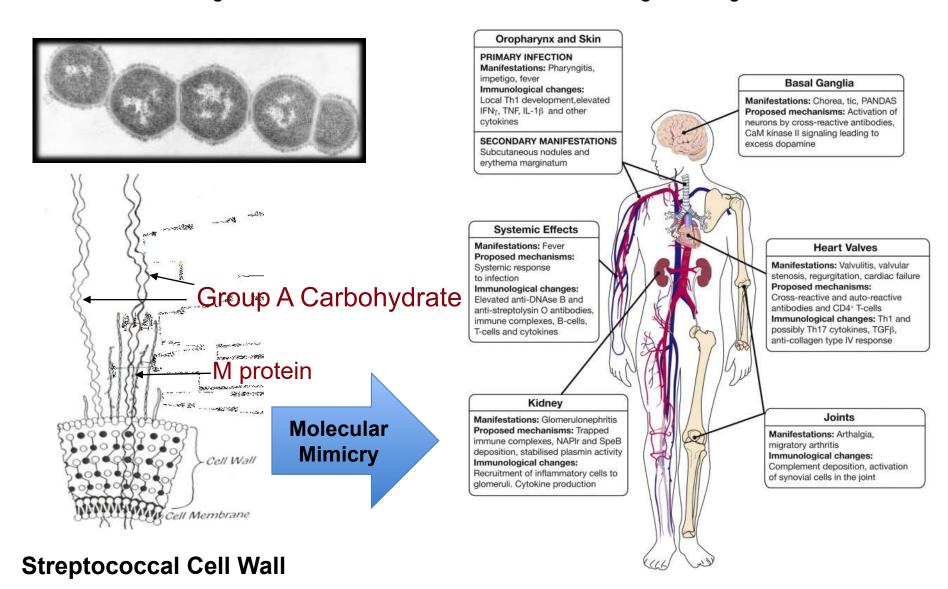
and "perseverative behaviors" of children with "chorea minor," and first made the relationship between obsessive-compulsive OCD symptoms and Sydenham's chorea (SC)





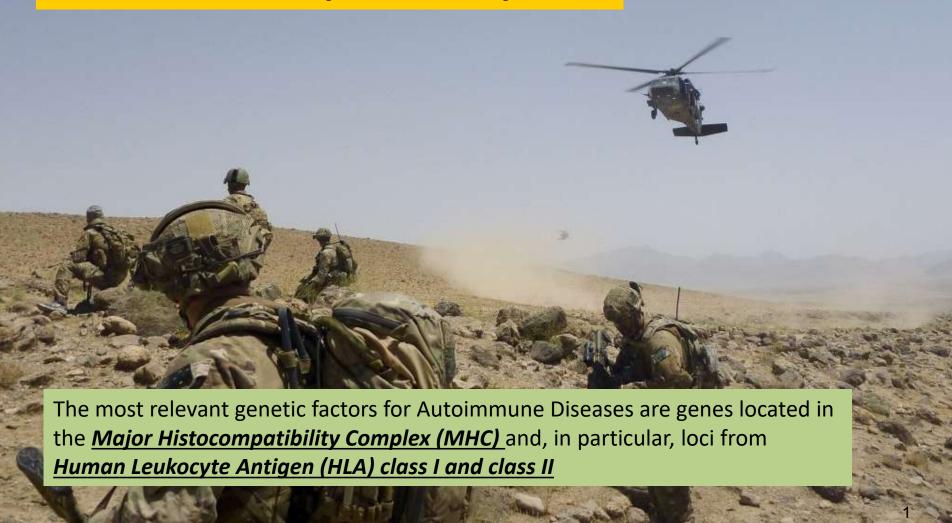
## Molecular Mimicry Between Strep and Self-Antigens

Similar antigenic determinants between host and infecting microorganisms



# PANDAS/PANS results from an Infection-Triggered Autoimmune Response - Molecular Mimicry





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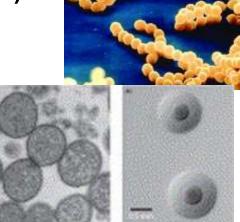
# Multiple Infectious Triggers Associated with Autoimmune Encephalopathies

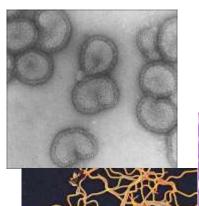
- Group A streptococci
- Influenza A
- Varicella (chickenpox)
- Mycoplasma
- Lyme disease
- Babesia
- Bartonella
- Coxsackie virus

Yes, You Can Catch Insanity

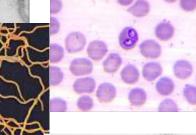
A controversial disease revives the debate about the immune system and mental illness.

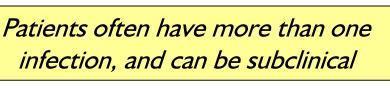
BY ANDREW CURRY
HLIBSTRATION BY HADLEY HOODER
APPEL 16, 2015





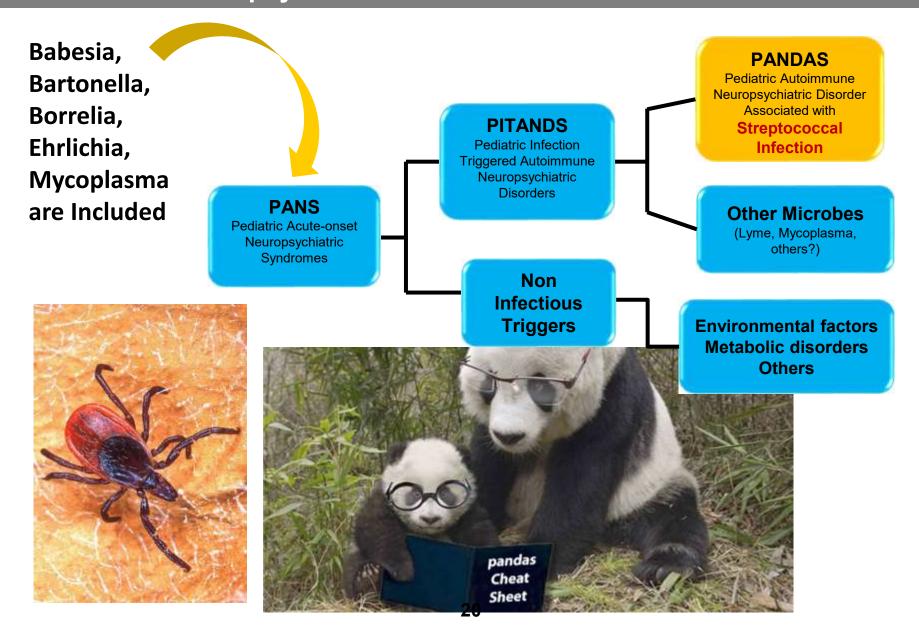








## Lyme Disease is a Commonly Identified Infection-Triggered Autoimmune Neuropsychiatric Disorder Similar to PANDAS



# Infection-Triggered Autoimmune Response through Molecular Mimicry\*

## Infection-Triggers that affect the CNS and other Systems

- Guillain-Barré Syndrome
  - Campylobacter jejuni
- Sydenham Chorea
  - Group A Streptococcus
- Systemic Lupus Erythematosus (Lupus)
  - Epstein-Barr virus (EBV nuclear antigen -1)
- Multiple Sclerosis
  - EBV, measles and HHV-6
- Myasthenia Gravis
  - Herpes Simplex Virus Type 1 (gpD)

- Cardiomyopathy (myocarditis)
  - Coxsackie virus, Group A
     Streptococcus
- Crohn's Disease
  - Gram-positive bacterial peptidoglycans
- Diabetes Type 1
  - Coxsackie B virus, rubella, herpesvirus, rotavirus
- Psoriasis
  - Streptococcus pyogenes (Streptococcal M Protein)

# Complex Interconnection Between Infection, the Immune System and the Brain

## **Brain Function**

(Neurological and Neuropsychiatric symptoms)

**GENETIC PREDISPOSITION** 

Axis

**IMUNE SYSTEM DYSFUNCTION** 

## Infectious/Non-Infectious Triggers

(Environmental, bacteria, microbiome, viruses, parasites)

## Immune System

(inflammation, microglia activation, cytokines, mast cell activation, autoimmune antibodies)

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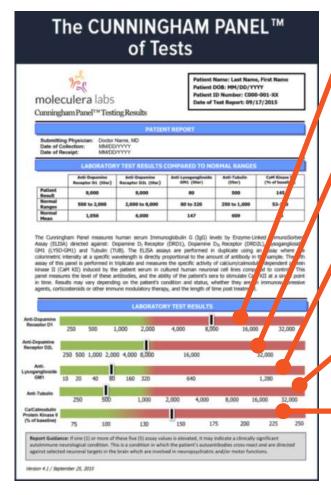
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## The Cunningham Panel™ Biomarker Components

## The Cunningham Panel is an aid in a physician's diagnosis of Autoimmune Encephalopathies such as PANDAS/PANS and others



Ref: (1) Reported by Dr. Amirm Katz base upon his 112 patients studied and our patient responses

## 1) Anti-Dopamine D1

Often positive with psychiatric symptoms including psychosis<sup>(1)</sup>

## 2) Anti-Dopamine D2L

Often positive with movement disorders and impulsivity<sup>(1)</sup>

## 3) Anti-Lysoganglioside GM1

Often positive with neuropathic symptoms including tics<sup>(1)</sup>

## 4) Anti-Tubulin

Often positive with cognitive complaints, OCD and brain fog<sup>(1)</sup>

## 5) CaM KII Activity

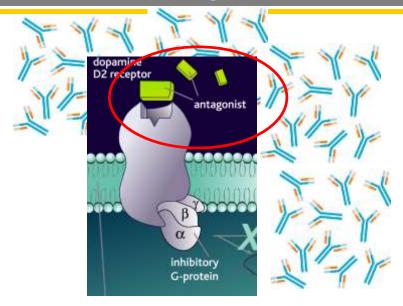
Often positive with involuntary movements and any symptom of adrenergic activation

#### **ELISAs**

Enzyme-Linked Immunosorbent Assay (Testing Format)

Cell Stimulation Assay

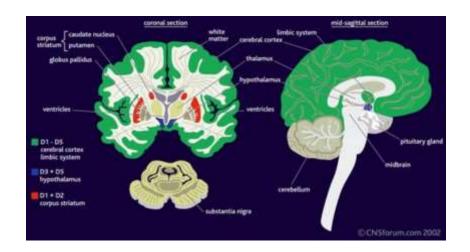
## **Anti-Human Dopamine D1 and D2L Receptors**



**Dopamine D1:** informally referred to as the **"psychiatric"** band, tends to correlate with mood instability, anxiety, irritability, aggression and, in some cases, psychosis.

#### Other Anti-Dopamine D1 Receptor Symptom Association:

- Mood dysregulation/lability, depression, anxiety, poor concentration and occasionally, delusions and psychosis
- 54% of these patients experience symptoms of OCD
- 50% experience sensory or motor abnormalities and/or sleep disturbance.
- (Total N=131)



**Dopamine D2L:** informally referred to as the "movement" band, tends to correlate with choreiform movements, myoclonus, and exacerbations of hyperactivity

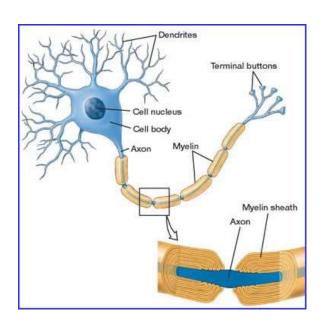
#### Other Anti-Dopamine D2 Receptor Symptom Association:

- Motor or movement disorders (including choreiform movements), hyperactivity, and impulsive behaviors including self-injurious behaviors
- Over 60% experience sleep disturbance, behavioral regression and OCD
- Over 50% of patients experience sensory or motor abnormalities
- (Total N=48)



## Anti-Lysoganglioside GM1

# Gangliosides are lipid components of neuronal cell membranes and found in Myelin Sheath



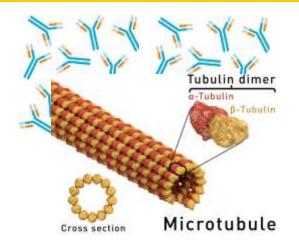
Anti-Lysoganglioside GM1: informally referred to as the "tic" band, tends to correlate with tics and complaints of joint or connective tissue pain

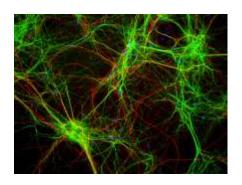
## Other Anti-Lysoganglioside GM1 Symptom Association:

- Tics (72%) and joint or connective tissue pain
- Sleep disturbance (67%)
- OCD (67%)
- Sensory or motor abnormalities (67%)
- Behavioral regression (62%)
- (Total N=40)



## **Anti-Tubulin**





Anti-Tubulin: informally referred to as the "OCD" band, tends to correlate with cognitive interference, "brain fog", difficulty with focus and concentration and symptoms of obsessions and compulsions

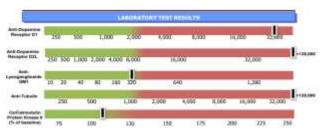
## **Other Anti-Tubulin Symptom Association:**

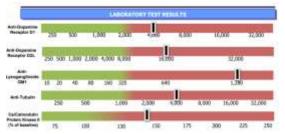
- OCD and "brain fog" or inattentive, disengaged, "tuned out", struggle with concentration, memory and comprehension (82%)
- Aggressive and/or rage behaviors (50%)
- Sensory or motor abnormalities (74%)
- Emotional lability (73%)
- OCD (69%)
- Behavioral regression (69%)
- Sleep disturbances (69%)
- Tics (53%)
- (Total N= 552).

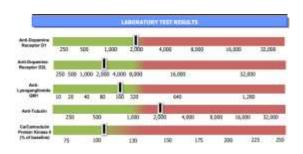


## Other Interpretation Considerations

- Only 1 elevation required for positive interpretation
- Correlation with symptoms is strong
- Generally, correlation with severity is less strong
  - Low elevations can be seen with severe symptoms
  - Moderate elevations are seen with mild symptoms
  - Extremely high elevations have a stronger correlation with degree of symptom severity







Bed bound patient

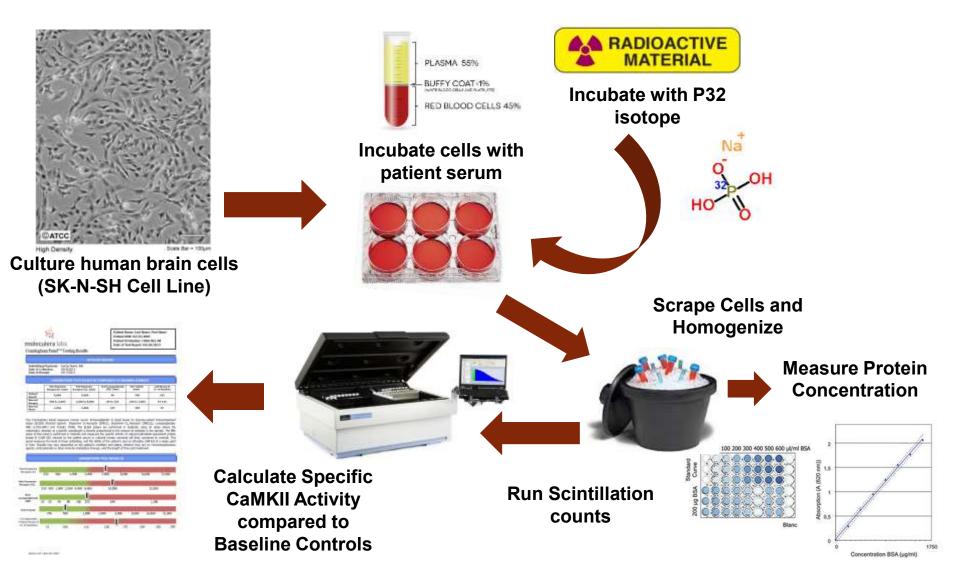
Ambulatory, unable to work

Institutionalized in state psychiatric hospital



## CaMKII - Cell Stimulation Assay Test





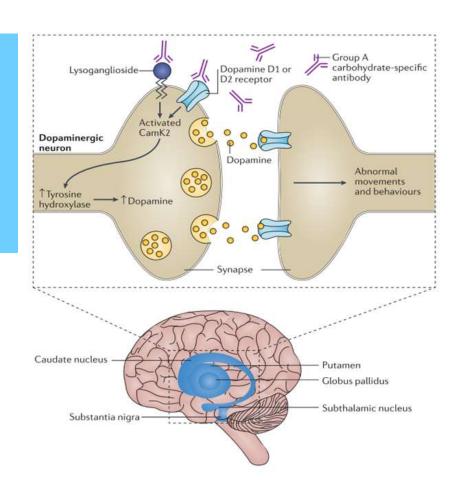
# Autoantibodies that Stimulate CaMKII Increase Dopamine Production in the Brain

## **Elevation in the level of CaMKII tends to correlate** with

- sympathetic nervous system activation symptoms
- fight or flight behavior
- separation anxiety
- urinary problems, bedwetting
- sensory sensitivities
- Elevated CaMKII suggests that there is still active infection(s) of some kind

#### **Other CaMKII Symptom Association:**

- Involuntary movements which can be brief and of low amplitude
- Early stage illness (estimated to be <18 months)</li>
- Apparent re-activation of a previous infection or the onset of a new infection
- Mydriasis, fight or flight behavior, increased pulse rate, anxiety, and insomnia
- (Total N=200)





## Case Studies (>200 Similar Case Studies)



## Case Study #1

24 y/o Male: Presenting symptoms: OCD, tics, decreased appetite with 30 pound weight loss, inability to concentrate, sensory abnormalities, emotional lability, behavioral regression, separation anxiety, et al.





**Treatment:** Patient treated with IVIG and plasmapheresis resulted in symptom reduction

## Case Study #2

9 y/o Female: obsessivecompulsive behaviors, verbal tics and "stimming", inability to concentrate, sensory and motor abnormalities, emotional lability, behavioral regression, urinary and sleep problems, dysgraphia, and aggressiveness, Relapsing and remitting in nature





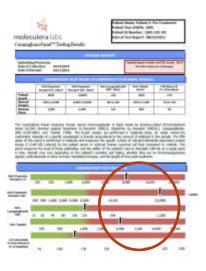
**Treatment:** Patient was treated with azithromycin with rapid improvement in symptoms

## Case Studies (>200 Similar Case Studies)



## Case Study #3

9 y/o Female: Presenting
with unknown origin of
neuropsychiatric
symptoms. Lyme disease
positive by Western Blot,
Child said during a bout of
strep, "Mom, something
happened to my brain"



# Property Comment (1997) Characteristic Comment (1997) Charac

#### **Treatment:**

azithromax, naproxen, omnicef, and Bactrim, Tindamax (anti parasitic) 3 IVIG treatments; complete symptom regression

## Case Study #4

9 y/o Male: Presenting 30 days post confirmed strep infection with OCD, Tics, inability to concentrate, sensory abnormalities, emotional lability, separation anxiety, developmental regression, urinary frequency and urgency, sleep disturbance, dysgraphia, aggressiveness, choreiform movements, relapsing and remitting symptoms.





Treatment: Patient had IVIG within one month of diagnosis with complete symptom elimination.

# Autism Spectrum Disorder Cunningham Panel Predicted IVIG Treatment Responders

Connery et al. Translational Psychiatry (2018)8:148 DOI 10.1038/s41398-018-0214-7

Translational Psychiatry

#### ARTICLE

Open Access

Intravenous immunoglobulin for the treatment of autoimmune encephalopathy in children with autism

Kathleen Connery<sup>1</sup>, Marie Tippett<sup>1</sup>, Leanna M. Delhey<sup>1</sup>, Shannon Rose<sup>1</sup>, John C. Slattery<sup>2</sup>, Stephen G. Kahler<sup>1</sup>, Juergen Hahn<sup>1</sup>, Uwe Kruger<sup>2</sup>, Madeleine W. Cunningham<sup>5</sup>, Craig Shimasak<sup>6</sup> and Richard E. Frye<sup>1</sup>, Madeleine W. Cunningham<sup>5</sup>, Craig Shimasak<sup>6</sup> and Richard E. Frye<sup>1</sup>, Madeleine W. Cunningham<sup>5</sup>, Craig Shimasak<sup>6</sup> and Richard E. Frye<sup>1</sup>, Madeleine W. Cunningham<sup>5</sup>, Craig Shimasak<sup>6</sup>, and Richard E. Frye<sup>1</sup>, Madeleine W. Cunningham<sup>5</sup>, Craig Shimasak<sup>6</sup>, and Richard E. Frye<sup>1</sup>, Marie C. Charles C. Char

#### Abstract

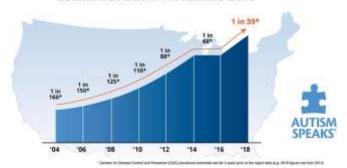
The identification of brain-targeted autoantibodies in children with autism spectrum disorder (ASD) raises the possibility of autoimmune encephalopathy (AIE). Intravenous immunoglobulin (IVIG) is effective for AIE and for some children with ASD, Here, we present the largest case series of children with ASD treated with IVIG. Through an ASD clinic, we screened 82 children for AIE, 80 of them with ASD, IVIG was recommended for 49 (60%) with 31 (38%) receiving the treatment under our care team. The majority of parents (90%) reported some improvement with 71% reporting improvements in two or more symptoms. In a subset of patients, Aberrant Behavior Checklist (ABC) and/or

"The majority of the ASD patients who had autoantibodies demonstrated elevations in autoantibodies measured by the Cunningham panel along with an elevation in the activation of CaMKII."

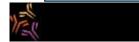
"The Cunningham panel predicted response to IVIG treatment with an accuracy of 81% with a sensitivity of 90% and a specificity of 67% based on the ABC scores; with an accuracy of 88% with a sensitivity of 100% and a specificity of 75% based on the SRS scores; and with an accuracy of 88% with a sensitivity of 100% and a specificity of 67% based on parental scores."

- In 82 patients with Autism Spectrum Disorder (ASD), 49 patients had autoantibodies (60%)
- IVIG was completed for 36 of these patients (73%)
- Cunningham Panel predicted with accuracy (81% to 88%) those patients who improved and responded to IVIG therapy

#### Estimated Autism Prevalence 2018



The cost of caring for Americans with autism reached \$268 billion in 2015 and would rise to \$461 billion by 2025 in the absence of more-effective interventions and support across the life span.



# Schizophrenia Cunningham Panel Changed Treatment and Recovery

Case Reports in Psychiatry Valuate 2016, Article ID 8139067, 5 pages https://doi.org/10.1159/201618129067 2006



#### Case Report

An Atypical Presentation of Pediatric Acute Neuropsychiatric Syndrome Responding to Plasmapheresis Treatment

Drew H. Barzman , 1,2 Hannah Jockson, 2,3 Umesh Singh , 4 Marcus Griffey, Michael Sorter, 2,5 and Jonathan A. Bernstein 4

University of Cincinnati Callege of Medicine, Department of Psychiatry and Behavioral Neuroscience, CARE/Crawley Building, Suite E-879 3230 Eden Avenue Coccurats, OH 45267, USA

<sup>5</sup>Cincinnati Children's Hospital Medical Center, 3333 Burnet Asymus, Cincinnati, OH 45229-3026, USA

<sup>3</sup>University of Dayton, 300 College Park, Dayton, OH-45469, USA

<sup>4</sup>University of Circinnati College of Medicine, Division of Immunology Allenge Section, 231 Albert Solin Way, Circinnati, OH 45267, USA

3 University of Cincinnati College of Medicine, Department of Padutrics, 231 Albert Sabin Way, Cincinnati, OH 45267, USA

Correspondence should be addressed to Drew H. Barzman, dress barzman@cchimc.org

Received 11 April 2018; Revised 1 June 2018; Accepted 6 June 2018; Published 28 June 2018

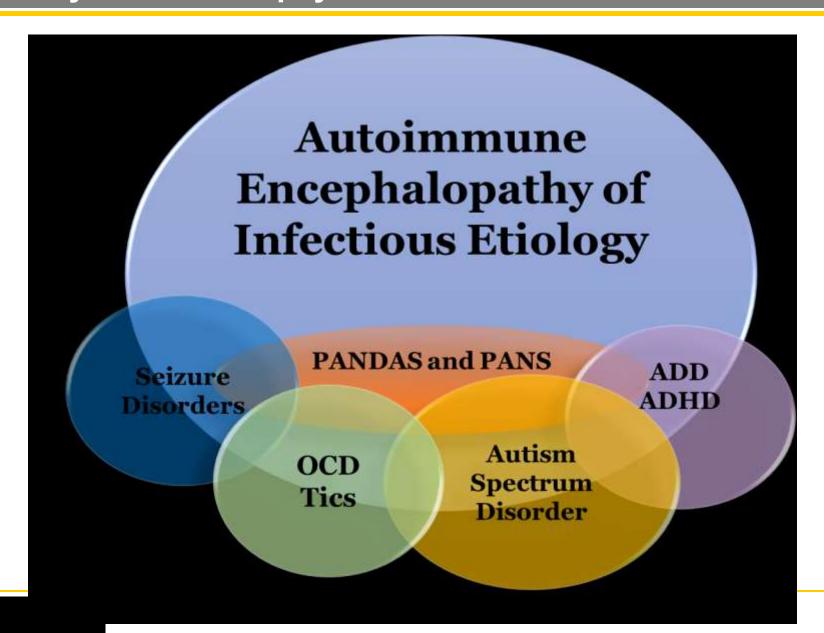
A Cunningham panel was ordered, which measures anti-neuronal IgG antibodies (Cunningham panel) directed against dopamine 1 and 2 receptors, lysoganglioside-GM1, tubulin, and calcium/calmodulin-dependent protein kinase II (CaMKII). The results of this test revealed significant elevation of the first four antibodies and a borderline increase for CaMKII."

- Cincinnati Children's Hospital
- 15-year-old female who had been diagnosed and treated unsuccessfully for schizophrenia with psychosis, severe anxiety, and depression
- In and out of treatment facilities

"After one course of plasmapheresis was administered..., the patient had complete resolution of her psychotic, OCD, and anxiety symptoms. She was able to be weaned off olanzapine and resume many of her normal activities including tennis, within 2 weeks after plasmapheresis. This response has now been sustained for over six months consistent with previous studies"



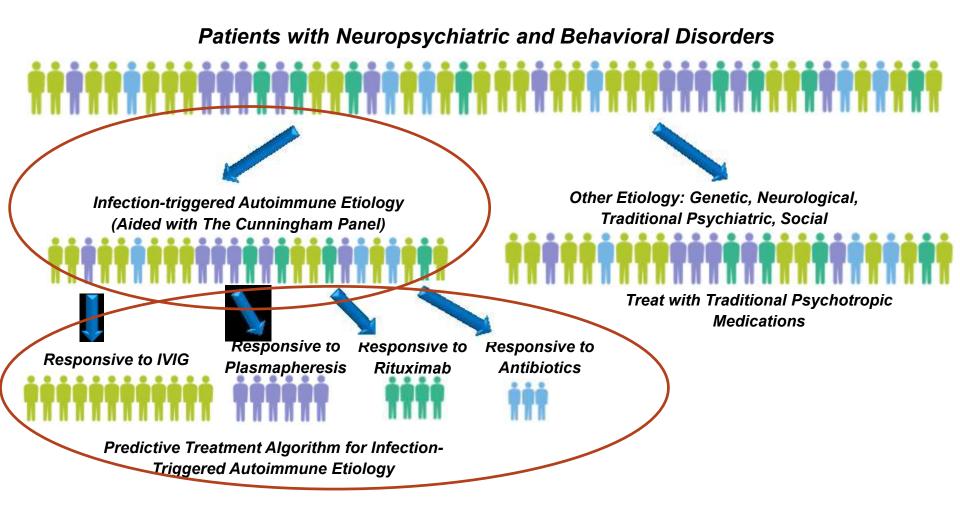
# PANDAS and PANS may be a Medical Model for Portions of Many other Neuropsychiatric Disorders







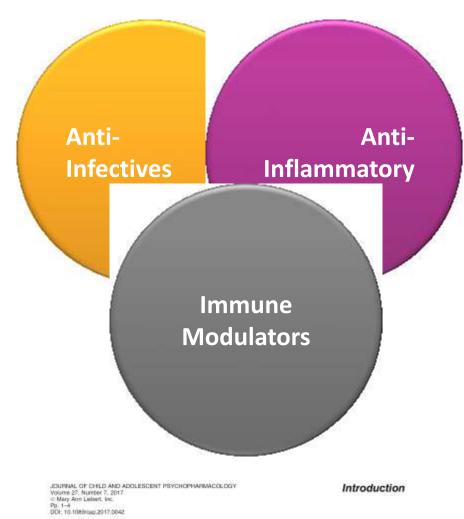




## Existing Treatments have Remarkable Responses

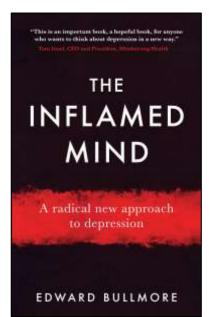


- Anti-microbials
- Steroids and NSAIDs
- Plasmapheresis (Plasma exchange)
- Intravenous Immunoglobulins (IVIG)
- Immune modulating medications
- Symptomatic Treatment
  - Cognitive Behavioral Therapy
  - Low dose SSRIs

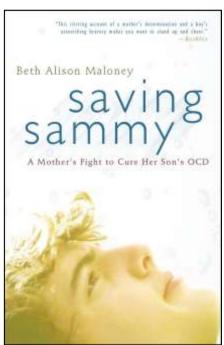


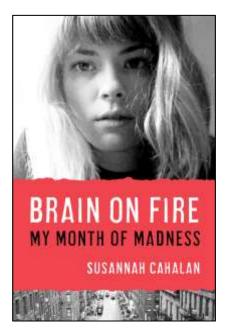
Overview of Treatment of Pediatric Acute-Onset Neuropsychiatric Syndrome

## **Neuroinflammation, Autoimmunity and the Brain**



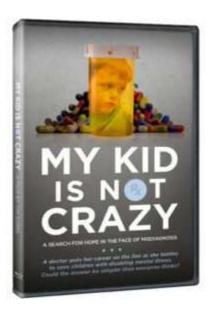
Dr. Bullmore is Co-Chair of Cambridge Neuroscience, Scientific Director of the Wolfson Brain Imaging Centre, and Head of the Department of Psychiatry at Cambridge University Linking infection to "mental" illness, as strep antibodies are linked to the neurological Tourette's syndrome, has been rejected by many doctors since the rise of psychoanalysis, but Maloney insisted Sammy be tested for strep titers when he became unable to attend school and to walk. He was diagnosed with PANDAS. Antibiotics ended two torturous years for the family, and Sammy's regains came as rapidly as the symptoms had overtaken him





Susannah Cahalan is a news reporter at the *New York Post* who succumbed to an infection then began a painful journey to be diagnosed with an autoimmune disorder attacking her brain, and then the path to recovery after receiving the right treatment.

DVD: Documentary chronicling several families and their children suffering from PANDAS and what they went through to reach a diagnosis and begin recovery



## **Additional Information Sources**





aonm.org



PANS PANDAS UK
awareness support education

panspandasuk.org





nimh.nih.gov



Pediatric Autoimmune Neuropsychiatric Disorders

pandasnetwork.org

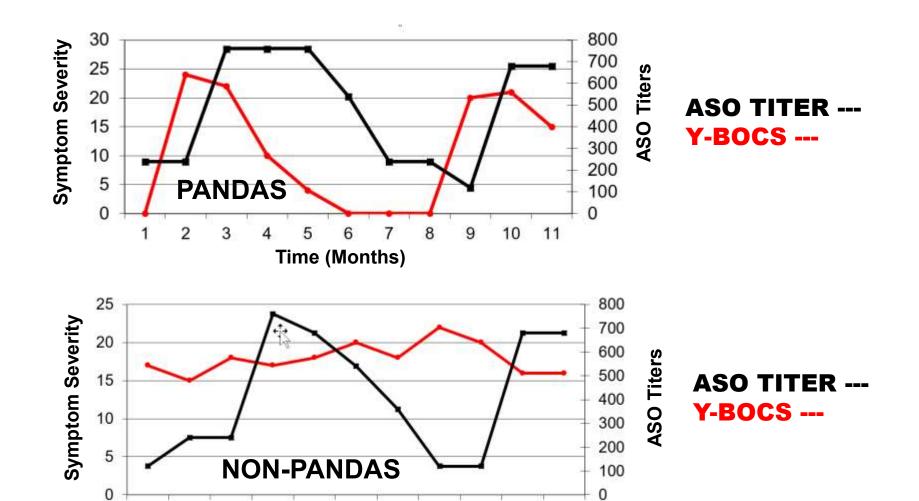


## Our Mission is to Help Change How Medicine is Practiced for Neuropsychiatric Disorders

# Thank you for helping those suffering with this disorder, to gain hope and get well!

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# Correlation vs. Causation: Anti-Streptolysin O Titers and OCD Symptom Severity



9

10

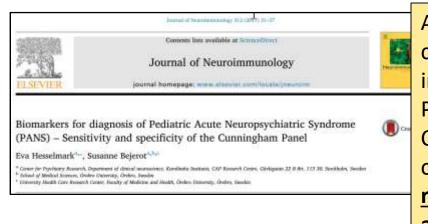
11

Courtesy of Dr. Susan Swedo

41

Time (Months)

## Swedish Study of Cunningham Panel



Although our findings identified a moderate correlation between change in CaMKII and change in symptom severity in individuals with PANS or PANDAS, there was no indication that the Cunningham Panel can be used to diagnose PANS or PANDAS. Our results also suggest that testretest reliability of CaMKII may be insufficient, and that Cunningham Panel results are commonly elevated in healthy controls.



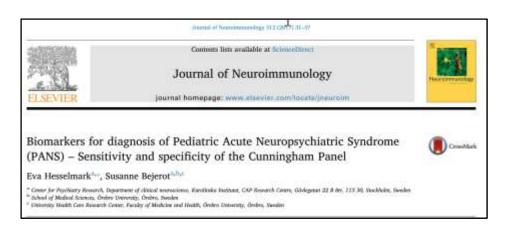
Corrigendum to "Biomarkers for neuropsychiatric syndrome (PANS Cunningham panel" [J. Neuroimn

Eva Hesselmark\*\*, Susanne Bejerot\*\*

\*Cover for Psychiatry Research, Department of Clinical New School of Medical Sciences, Oreine Convenity, Oreins, Sanden iversity Houbli Care Research Cream, Faculty of Medicine and Houb We have been informed that Moleculera Labs recommend Red Top glass tubes when collecting blood for the Cunningham panel. In our study... we have used serum sampling tubes (BD Vacutainer® SST™ II Advance tubes, Gold Top) but erroneously reported sampling in "serum sampling tube (BD Vacutainer, yellow top)"... The use of another blood collection tube than the one recommended by Moleculera could be viewed as a limitation in our study.



## **Swedish Study of Cunningham Panel**



## **Swedish Study Conclusions of Cunningham Panel**

- 1. "...test-retest reliability of CaMKII may be insufficient"
- 2. "...results are commonly elevated in healthy controls"



## **Invalid Blood Collection Tube**

- Polymer Gel for serum separation
- Interferes with assay results

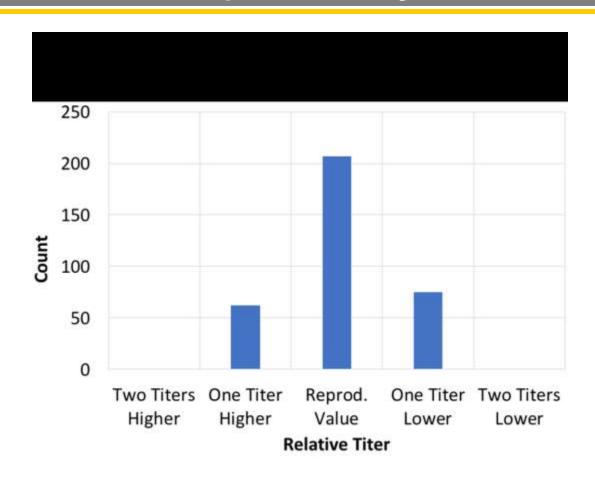


## **Only validated Blood Collection Tube**

No Polymer Gel



## Test-Retest Reproducibility in Tubes w/o Additives



Results of 344
individual repeated
tests on 7 individual
patients over several
months

Seven patient samples collected in validated glass tubes with no additives (Red Top glass tubes) tested at <u>random intervals</u> over a period of <u>several months for 344</u> <u>individual tests</u>. We observed 62 readings at one dilution higher, 207 readings at the <u>most</u> commonly observed dilution, and 75 readings at one dilution lower

