

Short Symptom Checklist for Lyme Borreliosis

Name, first name..... Date:

▶	Actual and former symptoms: Please mark with a cross	X
1	Former or recent tick bite	
2	Former or recent bull's eye rash	
3	Summer flu after tick bite	
4	Fatigue/Malaise/Lethargy	
5	Loss of physical/mental capacity, general weakness	
6	Neck-pain, neck stiffness	
7	Headache	
8	Painful joints, swollen joints	
9	General aches and pains, tendon problems	
10	Muscle pain, muscle weakness	
11	Fever, feverish feeling, shivering	
12	Ears: intermittent red, swollen earlap	
13	Heart problems, disturbance of cardiac rhythm	
14	Cough, expectorations, breathlessness	
15	Night sweat	
16	Sleeplessness, waking up around	
17	Tinnitus	
18	Swollen lymph nodes	
19	Numbness of the skin	
20	"Burning" or "pins and needles" skin sensations, painful sole or foot	
21	Back pain, back stiffness	
22	Intermittent muscle twitching in the face, arms, legs	
23	Shivering, chill	
24	Blurred, foggy, cloudy, flickering, double vision	
25	Aggressiveness, drowsiness, panic attacks, anxiety, mood swings	
26	Concentration problems, short-term memory loss, forgetfulness	
27	Skin partly thin, paper-like, transparent, dry	
Total number of symptoms for Lyme Borreliosis		

Antibiotics? When? Which one(s)? How long?

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